



SAVE THE DATE for **'Family Fitness Night'**

Date: **Friday February 23, 2018**

Time: **6 pm - 8 pm**

Location: **gymnasium at Saint Andrew's school.**

Life Time Fitness, CK Lee Tae K Wondo Academy and K Studio among others will be leading families into some fun fitness activities. Come and check the products and services, all related to health and wellness, that vendors from our community provide.

Kindly reach out to Hala Crowley at (halazahreddine@hotmail.com) to showcase your business/services or if you know of any organizations that would like to donate products to the school for that event.

We hope to see you there!!!