



**PURPOSE:**

To introduce the merits of wrestling to elementary school students in a fun, systematic way. Wrestling is a wonderful tool that can facilitate and reinforce some of the cherished core values that all parents hope to instill in their children: self-confidence, self-reliance, accountability, work ethic, etc. Of course, wrestling is also fun and a great form of exercise.

The ultimate goal of the club is to foster and develop a vibrant and robust youth wrestling community within the Bishop Watterson feeder-school system. As the members/coaches of our club embark on this great journey, we will continuously work to present opportunities to all participants that will inspire and motivate them.

Winning, although ever-present in our world, will not be a focal point in the club. We will teach, expect and discuss daily that the kids learn to put forth their absolute best effort every time they step on the mat; and most importantly, have fun throughout the entire process.

**WHO:**

K-8, All Bishop Watterson Feeder Schools

**WHEN: November 28th - February 21st**

Sunday 6:00-7:30pm Academy Night (Advanced Group)

Tuesday 6:00-7:15pm Community Club (All LEWC Members)

Wednesday 6:00-7:15pm Community Club (All LEWC Members)

**WHERE:**

Bishop Watterson High School

99 E. Cooke Road Columbus, OH 43214

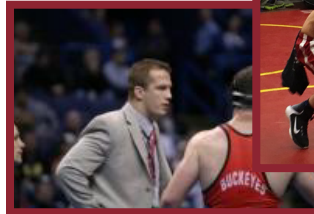
**COST: \$95 • Includes 2 t-shirts**

All proceeds will support youth wrestling community in the Bishop Watterson feeder school system.

It is recommended that wrestlers purchase headgear and wrestling shoes.

**EVENTS:** All events are voluntary. We want the kids to compete & learn at their own pace. The coaching staff will provide consult on what schedule, if any, is best for your child.

LEWC has joined the Russ Hellickson League (Central Ohio Area), with competition opportunities in that league taking place on January 7, 14, 21, & 28; and the League Championship on February 11th. We will also conduct competition practices with like-minded youth clubs. Lastly, a few of our advanced LEWC wrestlers will participate in the OAC Grade School State Championship series. As you can see, the schedule is fluid, and more information will be given at our practices & parent communication group.



Tommy Rowlands  
Coach & Parent • St. Brendan Parishioner  
2x NCAA Champion & Olympic Alternate



Waiver: The undersigned, in partial consideration for the participation of his/her child in the Little Eagle Wrestling Club does hereby waive, release and forever discharge Bishop Watterson High School, its agents and employees, from any and all injury or damages sustained by the participant child or his/her parents, or out of said participation. In addition the undersigned does hereby agree to indemnify and save harmless Bishop Watterson High School, its agents and employees, from any and all claims or demands for loss, cost injury or damage whatsoever arising from the participation of his/her child in the above mentioned activities, including but not limited to negligence of such child.

CHILD'S NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PARENT EMAIL #1: \_\_\_\_\_ PARENT EMAIL #2: \_\_\_\_\_

TSHIRT SIZE: \_\_\_\_\_ PARISH/SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_

FAMILY PHYSICIAN: \_\_\_\_\_ PHYSICIAN PHONE: \_\_\_\_\_ PARENT SIGNATURE: \_\_\_\_\_



**SEE: \$95 • PAYMENT: CASH OR CHECK ONLY. CHECKS MADE PAYABLE TO: LITTLE EAGLE WRESTLING CLUB**

Please complete registration and waiver form and return to: Tommy Rowlands: 6350 Debidare Ct Hilliard OH 43026 • tommyrowlands@rshonline.com